

# **SHIVAJI UNIVERSITY, KOLHAPUR.**



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CHOICE BASED CREDIT SYSTEM

Syllabus For

B.A. Part - I

**PSYCHOLOGY**

(Syllabus to be implemented from June, 2018 onwards.)



B.A. (Part I)  
(Introduced from June 2018 onwards)  
FOUNDATIONS OF PSYCHOLOGY

SEMESTER-I

- (i) Paper : I
- (ii) Title of Paper : FOUNDATIONS OF PSYCHOLOGY
- (iii) Specific Objectives:
  - 1) To make the students familiar with the field of general Psychology.
  - 2) To acquaint the students with Cognitive Process, States of Consciousness and Learning.
  - 3) To acquaint the students with Memory Processes.

(iv) Module	No. of Credits	Unit 1:
Introduction	1	
Unit 2: Perceptual Organization and Sleep.	1	
Unit 3: Learning	1	
Unit 4: Memory	1	

(v) Recommended Reading:

a) Basic Reading:

1. Feldman, Robert. S. (2011). Understanding Psychology, Tenth Edition, Indian Edition. Chennai : McGraw Hill Education (India) Pvt. Ltd.

b) References:

1. Ciccarelli, S. K & Meyer, G.E (2008). Psychology, (South Asian Edition). New Delhi: Pearson Longman.

B.A. (Part I)  
(Introduced from June 2018 onwards)  
FOUNDATIONS OF PSYCHOLOGY

SEMESTER-I

- (i) Paper : I
- (ii) Title of Paper : FOUNDATIONS OF PSYCHOLOGY
- (iii) Discipline : PSYCHOLOGY

Module I) Introduction

- 1.1) What is Psychology?
- 1.2) Today's Perspectives.
  - a) Psychodynamic Perspective
  - b) Behavioral Perspective
  - c) Cognitive Perspective
  - d) Humanistic Perspective
- 1.3) Conducting Psychological Research
  - a) Correlational Research
  - b) Experimental Research

Module II) Perceptual Organization and Sleep.

- 2.1)
  - a) The Gestalt Laws of Organization
  - b) Top-Down and Bottom-Up Processing
  - c) Depth Perception
  - d) Perceptual Constancy
  - e) Perceptual Illusions
- 2.2) Sleep
  - a) The Stages of Sleep
  - b) REM Sleep
  - c) Why Do We Sleep, and How Much Sleep Is Necessary?

Module III) Learning

- 3.1)
  - a) The Basics of Classical Conditioning
  - b) Applying Conditioning Principles to Human Behavior

- c) Extinction
- d) Generalization and Discrimination

3.2) The Basics Operant Conditioning

- a) Reinforcement
- b) Positive Reinforces, Negative Reinforces, and Punishment
- c) Schedule of Reinforcement
- d) Discrimination and Generalization in Operant Condition

Module IV) Memory

4.1 The Foundations of Memory

- a) Sensory Memory
- b) Short-Term Memory
- c) Working Memory

4.2 Long-Term Memory

- a) Long-Term Memory Modules
- b) Semantic Networks
- c) The Neuroscience of Memory 4.3 Autobiographical Memory

B.A. (Part I)

(Introduced from June 2018 onwards)

GENERAL PSYCHOLOGY

SEMESTER-II

- (i) Paper : II
- (ii) Title of Paper : General Psychology
- (iii) Specific Objectives:
  - 1) To make the students familiar with the field of general Psychology.
  - 2) To acquaint the students with intelligence, motivation and emotions.
  - 3) To acquaint the students with Personality.

(iv) Module	No. of Credits
Unit 1: Intelligence	1
Unit 2: Motivation	1
Unit 3: Emotions	1
Unit 4: Personality	1

(v) Recommended Reading:

a) Basic Reading:

- 2. Feldman. Robert. S. (2011). Understanding Psychology, Tenth Edition, Indian Edition. Chennai : McGraw Hill Education (India) Pvt. Ltd.

b) References:

1. Ciccarelli , S. K & Meyer, G.E (2008). Psychology, (South Asian Edition). New Delhi: Pearson Longman.

REVISED SYLLABUS OF B. A. PART – I (PSYCHOLOGY)  
(Implemented from June, 2018) SEMESTER-II  
GENERAL PSYCHOLOGY  
Paper – II

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|-------|----------------|----------------------|
| (i)   | Paper          | : II                 |
| (ii)  | Title of Paper | : GENERAL PSYCHOLOGY |
| (iii) | Discipline     | : PSYCHOLOGY         |

Module I) Intelligence

- 1.4) What is Intelligence?
- 1.5) Theories of Intelligence
- e) Fluid and Crystallized Intelligence
- f) Gardner’s Multiple Intelligence
  
- 1.6) Practical and Emotional Intelligence
- 1.7) Assessing Intelligence

- c) Binet and the Development of IQ Tests
- d) Contemporary IQ tests

## Module II) Motivation

- 2.1) Exploring Motivation
  - a) Instinct Approaches
    - b) Drive-Reduction Approaches
    - c) Arousal Approaches
    - d) Incentive Approaches
    - e) Cognitive Approaches
- 2.2) Human Needs and Motivation
  - a) The Motivation behind Hunger and Eating
  - b) The Need for Achievement
  - c) The Need for Affiliation
  - d) The Need for Power

## Module III) Emotions

- 3.1 Understanding Emotional Experiences
  - a) The Functions of Emotions
  - b) Determining the Range of Emotions
- 3.2 The Roots of Emotions
  - a) The James-Lange Theory
  - b) The Cannon-Bard Theory
  - c) The Schachter-Singer Theory
  - d) Contemporary Perspectives on the Neuroscience of Emotions
  - e) Making Sense of the Multiple Perspectives on Emotion

## Module IV) Personality

- 4.1 Psychodynamic Approaches to Personality
  - a) Freud's Psychoanalytic Theory
  - b) Trait Approaches
  - c) Learning Approaches
- 4.4 Assessing Personality
  - a) Self-Report Measures of Personality
  - b) Projective Methods

c) Behavioral Assessment